



Newsletter of the District Governor of District 410D

District Governor
Francis Searle
2011-2012

From the pen of the District Governor

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The Lions Club Purpose

- TO CREATE** and foster a spirit of understanding among the peoples of the world.
- TO PROMOTE** the principles of good government and good citizenship.
- TO TAKE** an active interest in the civic, cultural, social and moral welfare of the community.
- TO UNITE** the clubs in the bonds of friendship, good fellowship and mutual understanding.
- TO PROVIDE** a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.
- TO ENCOURAGE** service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavours.

Dear Lions of District 410D,

For our District, the Peace Poster Competition has run its course. Many thanks to Lion Ray Brown for all the energy he put into ensuring that this was a successful project. The entrants from all clubs were displayed in the foyer of the Fine Arts department of NMMU and judged by three of the Fine Arts Lecturers. Congratulations to The Eden Lions Club which submitted the winning poster for our District. This is a fine piece of art amongst some inspiring art work. I am confident **Eden's poster will go far.**



The Christmas Cakes have been sent to the depots around our District.

In East London Contact Yvonne Bisell 083 544 8764
 In Port Elizabeth Contact Ray Brown 041 367 2488
 Or 082 471 2978
 In George Contact Jenny Bosch 044 873 4799
 Or 084 616 1231

The Christmas Cakes remain good value for money and have the potential to help Clubs raise funds in the difficult financial environment we find ourselves in.

We have an informative and rest filled social "Environment" planned for the Mid Year Conference in Oudtshoorn!

So, please bring the whole family to the "Congo Mountain Resort" outside Oudtshoorn for the weekend of 4, 5 and 6 November and join in the fun.

Take Care
DG Francis

The human heart feel things the eyes cannot see, and knows what the mind cannot understand – Robert Vallett

MARKETING / PUBLIC RELATIONS

Sharing the Vision

Sight preservation and service to the vision impaired is one of Lions oldest, most important and most successful service initiatives. Despite our great success in the field, the need for our help still exists and is still urgent. Even in today's world, one person goes blind every five seconds.

Your club could:

- * sponsor vision screenings;
- * organize eyeglass collections, and
- * volunteer at institutions that aid the visually impaired.

Your district and club's participation will reaffirm Lions commitment to this vital area of service.

Global Membership Team and Global Leadership Team

Since July, the Global Membership Team (GMT) and the newly created Global Leadership Team (GLT) have been working side-by-side for club success. Each has a separate but parallel structure at the global, multiple district and district levels. District GMT and GLT coordinators have been appointed by the district governor teams.

GMT coordinators help identify district and club community service opportunities, assist in setting membership goals, identify and aid struggling clubs.

GLT coordinators identify future leaders, and provide training to club officers and members.

The GMT coordinators and zone chairpersons identify candidates (clubs) for the Club Excellence Process (CEP) This program helps clubs examine community needs, analyze membership experiences, identify and train future leaders and develop action plans. Once a club is willing to participate the GLT D coordinator will assign a facilitator/"coach."

For more information on the GMT and GLT visit [Global Membership Team Overview](#)

Relieving the Hunger

With more than one billion people in the world who do not have enough to eat, Relieving the Hunger may seem like an impossible task. But like every other Lions project, we can change the world one person, one life, at a time.

Your club can:

- * Sponsor a community food drive to replenish a local food pantry.
- * Volunteer to deliver prepared meals to elderly or disabled citizens.
- * Serve meals at a soup kitchen or homeless shelter.
- * Partner with local restaurants or food markets. Pick up donations of fresh food items for a women's or children's shelter.
- * Collect infant formula and baby food for an organization serving young mothers at risk.



Tree Planting Challenge

Lions find it impossible to resist a challenge. The goal of planting one million trees in a single year was surpassed September 7th.

Of course, the challenge is not really the important part. It's furthering Lions mission to be good stewards of the environment that matters most. Planting trees helps prevent soil erosion, cool the environment and replenish the oxygen in the atmosphere.

In Sri Lanka, the Colombo Maitland Lions Club planted 200 banana trees which provide all these benefits and provide a source of income for the local people. In Zambia, the Lusaka Mulungushi Lions Club planted 60 fruit and shade trees at a new school for orphans and impoverished children. The trees will provide a nutritional supplement and create an appropriate learning environment for the school's 375 students.

Leos to Lions

Leos are the future of the Lions Clubs International family. Your club and your community will all benefit when you make Leos your active partners in service. Leos bring energy, passion and new ideas about service. And no one understands the needs of young people in your community better than other young people.

Mentoring Leos is also a valuable opportunity for Lions to serve as positive role models for the youth of their communities and to demonstrate the skills and satisfaction that come with the dedication to volunteer service.

There can be no better preparation for a lifetime of service as a Lion than participation in an active Leo club. Today's Leos are tomorrow's Lion leaders. To make the transition easier, [Lions Clubs International has established the Leo to Lion Program.](#)

Treat the earth well. It was not given to you by your parents; it was loaned to you by your children – Indian Proverb



Peace Banner -this was what Lion Sue Kinnell organised from PostNet (at no cost to Lions) at Moffitt on Main to advertize the Peace Poster



Winner group: Lion President Tilly Strydom, Lion Gloria, Mrs Dana Pullen (Dept of Fine Art NMMU) & DG Francis - She was the chief judge with a panel from her dept.



Ray & Francis -discussing the winner on display.

Life is a field of unlimited possibilities – Deepak Chopra

SWELLENDAM LIONS CLUB

Article by Lion Miriam Basson

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Donderdag 1 September - Die twee broers wat die snoekbraai gewoonlik reël - George en Arlindo Cardoso by die stapel snoek en regs is Hannes Human en Eric Basson wat gehelp het met die snoek se opkap.



3 September - die goudbruin snoek word van die roosters afgehaal



3 September - 7 vm - die dames kom die oggend by iemand se huis bymekaar en daar word die broodjies gesmeer



3 September - Die snoekpakkies stapel op en gereed om afgehaal te word.

Sweldam Lions braai 2 maal per jaar snoek en daarby word patat en brood en 'n suurlemoenskyfie bedien. 'n Wegneemete vir 'n skamele R20.00. Hoekom so goedkoop? Aan die een kant maak ons steeds 'n goeie wins en aan die ander kant maak ons dit vir ieder en elk bekostigbaar om te kan weglê aan 'n regtige groot stuk snoek, lekker gebakte patat en sny brood.

Daar bly net nooit 'n enkele snoek oor nie - nog elke keer word alles verkoop, ten spyte van die ekonomiese krisis wat almal maar beleef.

Ons gee ook met elke snoekbraai vir AL die inwoners in die ouetehuse elkeen 'n gratis snoekpakkie en ons het te same met die personeel wat die betrokke dag op diens was, ongeveer 182 pakkies uitgedeel.

Hieronder is dan ook 'n skrywe wat ons van een van die tehuse se eienaar ontvang het.

Hi Miriam

Namens ons almal by Aan de Drostdy wil ons vir julle almal by die Lions baie baie se vir die heerlike snoek en patat. Dit was absoluut fantasties en almal kan nie uitgepraat raak daarvan. Dankie dat julle ook aan ons dink. Dit word opreg waardeer.

Marlinda Wolhuter

PORT REX LIONS CLUB

Article by Lion Elizabeth Avoni

The award of a Melvin Jones Fellowship is Lions Clubs International's highest honor, a recognition of a commitment to humanitarian work. At the Port Rex Lions Charter Dinner held on Saturday, 8 October 2011, the award was presented to a member of Port Rex Lions Club and 3 non members who have displayed their commitment to humanitarian service in a special way within our community. At this event Port Rex Lions also handed over a donation of R10,000 to Jersey Week, part of the proceeds of the Bulldog Rally held earlier this year as a joint venture between Port Rex Lions and the Road Runners Motorcycle Club. Many local charities continue to benefit from the proceeds of these rallies organized annually to raise funds for the underprivileged. The Road Runners Motorcycle Club is also responsible for the very successful annual Toy Run.



From left to right are: Dawie le Roux from the Road Runners Motorcycle Club, Bups Bhana a member and past president of Port Rex Lions, Club President Shireen Piater, Elaine

In celebration of World Service Day on Sunday 9 October, Port Rex Lions in conjunction with other local Lions Clubs presented a free variety concert specially for Senior Citizens. Lions served free refreshment to a capacity audience at the Guild Theatre. The audience enjoyed an afternoon of music and dance entertainment including a performance of traditional Xhosa music.



ADELE GROENEWALD SLUIT AAN BY DIE LIONS

Na die ontbinding van die JJD het Adele gevoel sy wil steeds betrokke bly by een of ander diensorganisasie aangesien sy 'n passie vir mense en kinders het.

Nadat sy koerantberiggies onder oë gehad het van wat alles in die Lionsklub gebeur het sy begin navraag doen en net deur haar vrae kon ons agterkom hier is iemand wat werklik omgee.

Die kort en die lank van die storie – Adele se eienskappe het ons opgeval en is sy aangewys as 'n Lion en het sy op 'n vorige vergadering die jawoord gegee. Sy was al voor haar inhuldiging, wat op 5 September 2011 plaasgevind het, betrokke by die hospitaal - en ouetehuisbesoeke en dit is opvallend hoe sy dit geniet. Veral met die onlangse hospitaalbesoek kon sy haar kwalik wegskeur van die babatjies.

Almal in die klub heet haar hartlik welkom en ons weet sommer net dat sy nog groot dinge gaan vermag.



Eric Basson is Adele se borg en hier steek hy haar Lionswapentjie



Adele luister aandagtig na die vrae wat aan haar gestel is en waartoe sy haar toe verbind het tot die Lionsklub.

AMERI KANER KOM SKUD BLAD MET SWELLENDAM LIONS

Baie onlangs het die Inligtingskantoor ons gekontak met die versoek dat daar 'n Amerikaner is wat wou weet of hier 'n Lionsklub op ons dorp is. Die opwinding was regtig groot want wie verwag nou so iets?

Herman Smit het dadelik afgesit na The Connection waar die groep heerlik aan die smul was en Dean Hackman was regtig baie opgewonde dat daar so gou op sy versoek gereageer is. Hy en Herman het 'n geselsie aangeknoop en adresse is uitgeruil en Mnr Hackman was nie min trots op die Lionskeppie wat hy van Herman ontvang het nie!

Op die foto is Mnr Hackman, so ewe met die pet wat hy sommer net daar opgesit het, by Herman Smit.

Dit het mens net weer laat beseef dat daar oor die wye wêreld 'n verbintenis is tussen almal wat op die einde van dag maar net wil dien.



Every great success is an accumulation of thousands of ordinary efforts that no one sees or appreciates –
Brian Tracy

KNYSNA LIONS CLUB

Article by Lion Elaine Dudley

On the 28 August the Knysna Lions challenged other clubs in the Zone to a Potjie competition. A great time was had by all. Each club was allowed 2 teams and they had to have a theme. The clubs who participated were George, Eden, Sedgfield and Plettenberg Bay. Sedgfield Ladies were the winners with their theme Shebeen Queens and 2nd was Knysna with Jock of the Bushverd. This will now be a yearly challenge with a floating trophy.



The Karoo to Coast

The Karoo to Coast held on the 25th September 2011. As you will see between Uniondale and Knysna we were able to give the S.A. Guide Dog Association enough money to train 6 more dogs. Many more eye ops will be performed because of this race.



More mouth watering salad from Lions
Lady Antonia

RECIPES



JOYCE'S NOODLE SALAD

Ingredients

- 1 packet shell noodles
- ½ a cup of oil
- 1 tin condensed milk
- 1 cup mayonnaise
- ½ a cup of white vinegar
- 2 teaspoons mustard powder
- 3 chopped gherkins
- 5 carrots - grated
- 1 cup onion – diced
- 2 hard boiled eggs - chopped
- Aromat & paprika to taste
- salt & pepper

Method

- 1 Cook the noodles. Set aside to cool.
- 2 Mix the oil, mayonnaise & condensed milk well together.
3. Add mustard powder, aromat, paprika, salt & pepper to no. 2.

Mix thoroughly.

4. Add in the gherkins, carrots, onion & boiled eggs.
5. Mix the noodles and the "dressing" together.
6. Lastly add the vinegar.

Mix thoroughly

Enjoy

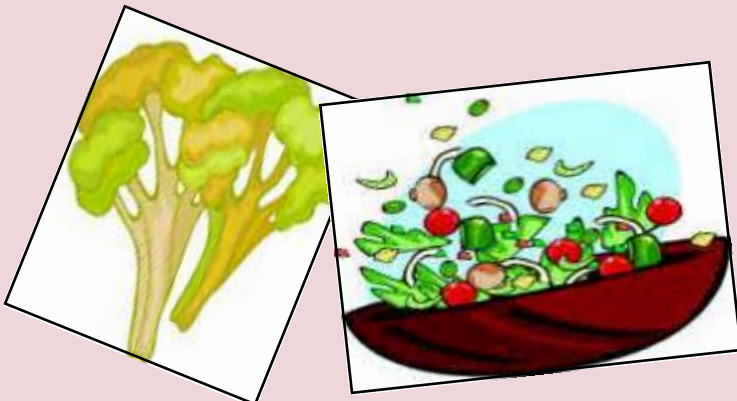
Mud Muffins

Ingredients

- 175 g butter
- 175 g Cadbury Dark Cooking Chocolate, chopped
- 1 cup well packed brown sugar
- 3 eggs
- 1 teaspoon vanilla essence
- 1 cup plain flour
- 2 tablespoons Cadbury Bournville Cocoa
- ¼ cup milk
- 100 g macadamia nuts, chopped

Method

- Preheat the oven to 180°C.
- Melt the butter and chocolate together over a double boiler or in the microwave on Medium (50% power) for 2 minutes.
- Add the sugar and stir to dissolve any lumps.
- Add the eggs and vanilla essence, beating them in well.
- Add the sifted flour and cocoa, then the milk. Stir in the nuts.
- Fill greased muffin pans and bake for 25 minutes.



WHY MEN ARE NEVER DEPRESSED?

Men Are Just Happier People--

Your last name stays put.

The garage is all yours.

Wedding plans take care of themselves.

Chocolate is just another snack.

You can never be pregnant.

Car mechanics tell you the truth.

The world is your urinal.

You never have to drive to another petrol station restroom because this one is just too icky.

You don't have to stop and think of which way to turn a nut on a bolt.

Same work, more pay.

Wrinkles add character.

People never stare at your chest when you're talking to them.

New shoes don't cut, blister, or mangle your feet.

One mood all the time.

Phone conversations are over in 30 seconds flat.

You know stuff about tanks and engines.

A ten-day vacation requires only one suitcase.

You can open all your own jars.

You get extra credit for the slightest act of thoughtfulness.

Your underwear is R58.95 for a three-pack.

Three pairs of shoes are more than enough.

You never have strap problems in public.

You are unable to see wrinkles in your clothes.

Everything on your face stays its original colour.

The same hairstyle lasts for years, maybe decades.

You only have to shave your face and neck.

You can play with toys all your life.

One wallet and one pair of shoes - one colour for all seasons.

You can wear shorts no matter how your legs look.

You can 'do' your nails with a pocket knife.

You have freedom of choice concerning growing a moustache.

You can do Christmas shopping for 25 relatives on December 24 in 25 minutes.

No wonder men are happier.



Lions Club International

DISTRICT 410D

District Governor Francis Searle

Secretary Vic von Abo

Treasurer Lynette Reineker

First Vice DG Russell Volker

Second Vice DG Herman Smit



All contributions to the DG's newsletter to be sent to the following addresss

Phone: 082 708 9819

Phone: 043 642 2158

E-mail: adstyl es@rural development. gov. za or ccbr-kwt@l aw. co. za

THE LIONS CREED

A person who achieves success, who lives well, laughs often and loves much; who gains the respect of intelligent people and the love of little children.

Who fills a niche and accomplishes his or her task, who leaves the world better than he or she found it whether by a brighter flower, a perfect poem, or a rescued soul.

Who always sees the best in others and gives the best he or she has; whose life is an inspiration, whose memory is a benediction.

That person is a LION.

In 1917, a young Chicago insurance salesman, Melvin Jones, had a dream of uniting the several service clubs in existence into one strong organization for service to humankind. Out of this dream, the International Association of Lions Clubs was born. Today, Lions Clubs International exists in most countries in the world and provides humanitarian aid on small and large scales, from acts of service to individuals in a community to assistance in times of floods and hurricanes. Lions have a passion for sight related projects but are also involved in other health projects as well as caring for the young and the elderly. Please help us to help others.

G i g g l e & G a g

A coloured drunk man walking past a river sees a priest baptizing his people and decides to go for a baptism. The priest baptizes his people by dunking their heads into the water and asks, "Have you seen Jesus?" The people respond "Yes, I've seen Jesus".



When it was the drunkard's turn, the priest dunked his head into the water and pulled him out and asked him "Have you seen Jesus?" He said no, so the priest put his head back into the water for a few more seconds and again asked "Have you seen Jesus?" The drunkard replied "No old man." Angrily, the priest dunked his head for a much longer time and pulled the drunkard's head out and asked him "Have you seen Jesus?" The drunkard replied, "Ekse my broe,..... Are you sure he fell into this river?"

